



2015 HAUSER LAKE 10K ICE BREAKER RUN

Sunday, April 12, 2015 10 - 11:30 a.m.

Hosted by and Benefiting: Double J Dog Ranch Inc. A 501c3 sanctuary and rehoming center for dogs with special needs in Hauser Lake, Idaho.

www.DoubleJDogRanch.org - www.Facebook.com/DoubleJDogRanch

- * The Hauser 10K Ice Breaker is a Bloomsday Second Seed qualifying race
- * USA Track & Field Certification Code: ID09004DCR
- * Bloomsday Seeding race see: <https://www.bloomsdayrun.org/elite-competition-seeding/seeding/second-seeding>
- * Timing chips embedded in race numbers – no ankle strap

PRE-REGISTRATION DEADLINE: APRIL 4, 2015 - LATE REGISTRATION & PACKET PICK UP: 8:00 a.m. on race day .

AGE GROUPS: 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+, and Wheelchair

LOCATION: Hauser, Idaho. The Hauser Lake 10K Ice Breaker will run counter-clockwise around the lake occupying the inside (lake side) lane of Hauser Lake Road and Cliff House Road. This route will be monitored by volunteers from 10:00am – 11:30am on race day. The race will start at 10:00am at the south end boat launch behind the Hauser Fire Station located at 10702 N. Fay Place Hauser, Idaho 83854.

Contact:: Cris Justus at doublejdogranch@aol.com or Duane Justus at duane@justustrading.com or phone 208-457-8600

2015 HAUSER LAKE 10K ICE BREAKER RUN – REGISTRATION FORM

COST: \$20.00 - Includes long sleeve tee shirt or \$10.00 with no shirt

Late registration (received after April 4, 2015) please add \$5.00. Late registration also accepted @ 8:00am on race day

Indicate Shirt Size: Small _____ Medium _____ Large _____ X-Large _____ XX-Large (add \$2.00) _____

Name: _____ Phone: (____) _____
Please print first, then last name clearly

Address: _____
Street City State Zip Code

Age Group: _____ M _____ F _____ Email Address: _____
(For notification that registration has been received)

IF REMITTING PAYMENT AND REGISTRATION ONLINE, EMAIL FORM
AND MAKE PAYPAL PAYMENT TO: DoubleJDogRanch@aol.com

IF REMITTING BY CHECK SEND PAYMENT & REGISTRATION TO:
DOUBLE J DOG RANCH INC.
PO BOX 3583
POST FALLS, ID 83877

THE SMALL PRINT: I hereby acknowledge and understand that running a road race is a potentially hazardous activity. I understand that I should not enter and run unless I am medically able and properly trained. I agree that I am responsible for my own safety and wellbeing at all times and under all circumstances while at the event sites. I know that, although traffic control will be provided, there may be traffic on this course. I assume the risks of running in traffic. I also assume any and all risks associated with running this event including, but not limited to, falls, contact with other participants, effects of the weather and the conditions of the roads, all such risks being known and appreciated by me. I assume the risk of wearing any type of headset, which race officials strongly advise against. Knowing these facts and in consideration of acceptance of my entry, I hereby, for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge any and all local, county and state governments or law enforcement agencies, race organizers, race officials, race volunteers, and all sponsors (including but not limited to USA Track & Field, Inc., Double J Dog Ranch, Inc., City of Hauser, Post Falls Highway District and Kootenai County) and their officers, agents, employees, members and volunteers ("Released Parties") for any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event. I hereby further agree to indemnify, Defend and Hold Harmless all Released Parties with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorney's fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Event, including claims for Liability caused in whole or in any part by the negligent acts or omissions of the Released Parties. I hereby warrant that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it; acknowledge that I have signed this Agreement without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of these terms, conditions and provisions. The Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions. This RELEASE and WAIVER extends to all claims of every kind or nature whatsoever, foreseen, known or unknown. Registrations for minors will be accepted only with parent's signature.

Signature (of Parent/Guardian, if participant is under 18 years old)